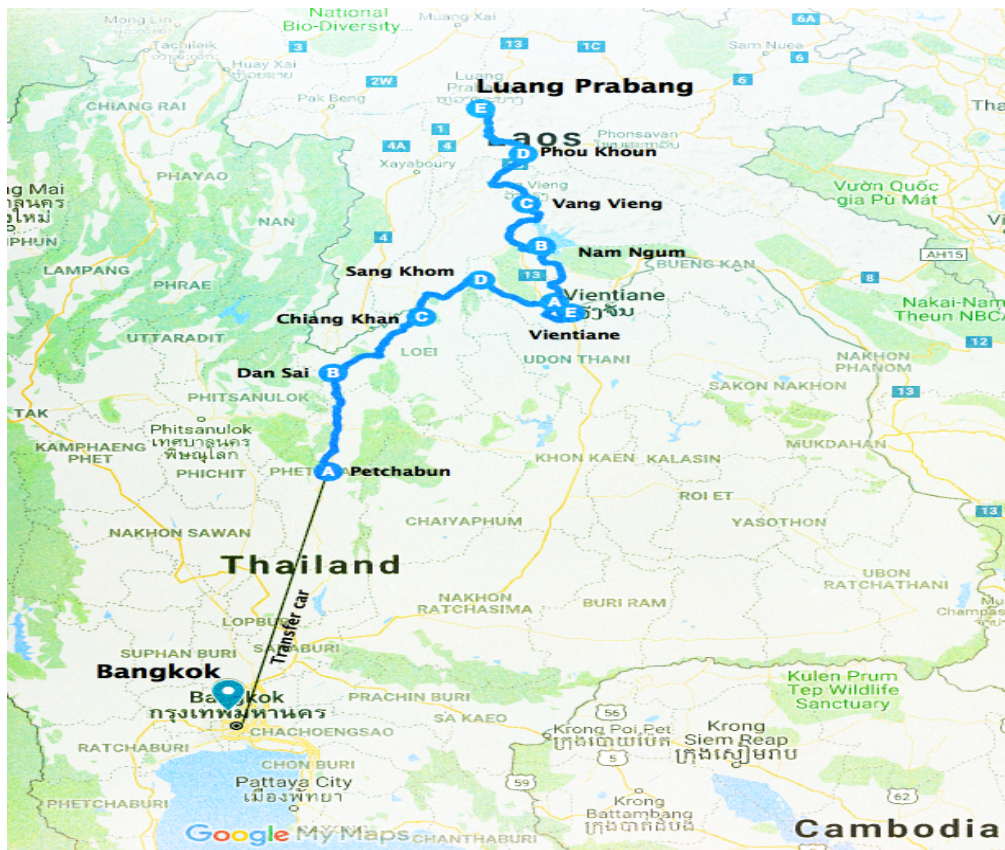


# Thailand

## BICYCLE TOURS

### Tour Bangkok - Luang Prabang with flight back to Bangkok

The tour lasts 12 days / 11 nights and covers a distance of 809 kilometers and 6322 climbing meters.



Starts in Bangkok	=> fly in Suvarnabhumi Airport (BKK)
Ends in Bangkok	=> fly out Suvarnabhumi Airport (BKK)

#### Highlights:

- Luxurious hotels
- Good and attractive routes
- Skywalk and Bike ride along the Mekong
- Buddhist Temple
- Through the true Thailand / Laos and not through typical tourist places
- Mountains
- Nam Ngum-Reservoir
- Thai and Lao cuisine and culture
- City tour and Kuang Si waterfall in Luang Prabang

*"Road conditions: In Thailand, the roads are very good, whereas in Laos, the road conditions are poorer, and potholes are frequent.*

*Our bike setup with 32mm tire width proved to be effective here, so we encountered no issues in this regard during the last tour."*

## Tour Schedule:

From the bustling metropolis of Bangkok, we head north along the Mekong River across the border to Luang Prabang on safe roads and through ever-changing, beautiful mountain scenery. You cycle along the Mekong River to Vientiane, the capital of Laos, past the largest lake in Laos, the Nam Ngum, pass the backpacker village of Vang Vieng and pass through small mountain villages to Luang Prabang. One mountain stage, three intermediate sections and four flat sections can be conquered. Constantly changing landscape scene and many cultural sights on the way become a breathtaking experience, which is denied to most Thailand tourists, because they hardly come here.

On the way north, you transition from the hustle and bustle of the metropolis Bangkok to rural Thailand. You pass by the Mekong River, orchards, vegetable, rice, and tobacco fields, sugar cane, strawberry, and cashew nut plantations, as well as small provincial towns, farming villages, and a huge reservoir. After crossing the mountains towards Luang Prabang, you arrive in a city classified by UNESCO as a World Heritage Site.

### Day 1: Bangkok (Hotel Mode Sathorn)

Arrived in Bangkok, one of the largest and most moving cities in Asia, you will be surprised how advanced this city, which covers 20 million people in an area of 600 square kilometers, is. The bustling metropolis, which is awake 24 hours a day, can undoubtedly be described as one of the most interesting in the world.

The day is at leisure. *For customers who have arrived the day before, Thailand Cycle Tours offers an optional sky-lane bike tour at the airport or a city tour.* Bangkok is one of the safest and friendliest capitals in the world. She is definitely worth getting acquainted.

### Day 2: Bangkok - Petchabun (50 kilometers, 146 climbing meters) (Hotel A Day in Petchabun) (B, L, D) **Start at 7 am in the reception!**

In the morning at 7 o'clock, you will meet your guide and the support staff who will accompany you on your cycling experience to Luang Prabang. We will drive approximately 280 kilometers by mini-van to Petchabun. After lunch, we will begin our bike tour with a small prologue of 50 kilometers. The route is lined with rice, sugarcane, vegetable, and fruit fields on both sides. We will have our first evening dinner together in Petchabun.



### Day 3: Petchabun - Dan Sai (119 kilometers, 885 climbing meters) (Phu Na Come) (B, L, D)

At 8 o'clock, you will start in the direction of Loei Province for the next part of your cycle tour. The first 80 kilometers are flat and go along rice, sugarcane, vegetable and fruit fields. Then the road rises, and it goes through a beautiful mountain landscape. The last 10 kilometers, however, it goes downhill again to our accommodation.



**Day 4: Dan Sai - Chiang Khan (124 kilometers, 1096 climbing meters) (Norn Nab Dao Rimkhong) (B, L)**

The start is again at 8 o'clock. Today's stage is longer, leading us along the Mekong River over rolling hills to the Chiang Khan Skywalk, offering a view of the confluence of a larger river with the Mekong. We will enjoy our lunch at a local eatery right on the banks of the Mekong River.

Upon arriving at Chiang Khan, a largely undiscovered and unpolished gem, the evening is free. However, I recommend visiting the shopping street, where almost every house is built entirely of wood.



**Day 5: Chiang Khan - Sang Khom (105 kilometers, 561 climbing meters) (Guest House Sang Khom Riverview) (B, L, D)**

After the departure at 8 am, the winding Mekong River winds its way along flat roads to the small town of Sang Khom, which is located on a scenic section of the Mekong River in western Nong Khai Province.

Those who still have strength and energy can optionally and on their own visit the "Skywalk Wat Pha Tak Suea," which is 17 km away. However, everyone must be back at the hotel by 4:00 pm at the latest, as we need to load the bikes for the upcoming border crossing.



**Day 6: Sang Khom - Vientiane rest day (Lao Poet) (B)**

Today is a rest day. After a short transfer of about an hour, we cross the border into Laos. Then we head to the hotel in Vientiane, the capital of Laos. From noon onwards, you will have free time. Enjoy exploring the city or relax at the hotel.

Important: Almost all nationalities require a visa for Laos! Please make sure to bring a passport photo and about \$50 in fees. Please check your respective entry requirements for safety.

**Day 7: Vientiane - Nam Ngum (95 kilometers, 490 climbing meters) (Longngum View Resort) (B, L, D)**

After a sumptuous breakfast, we cycle north at 8 am to the largest lake in Laos. The track is relatively flat. The first 15 kilometers, we are on major roads, until we are out of the capital. Then we continue on smaller roads, where the farmers sell their vegetables and fruits. At the end it goes uphill to a dam, where our hotel is located.



**Day 8, Nam Ngum - Vang Vieng (106 kilometers, 879 climbing meters) (Confetti Garden) (B, L, D)**

After breakfast, we set course for Vang Vieng at 8 o'clock. During this section, we'll ride through hilly terrain. There are some climbs to tackle, but just like the day before, we'll adjust the pace according to the group's abilities.

We'll have lunch at a beautiful lake where you can replenish your energy reserves. Afterwards, we'll continue to the famous backpacker village of Vang Vieng.



**Day 9, Vang Vieng - Kasi (96 kilometers, 785 climbing meters) (Guest house, very simple) (B, L, D)**

Today's adventure ride takes us to Kasi. We will start at 8:00 am and embark on a scenic loop in Vang Vieng, riding on some gravel roads before heading to Kasi through the mountains. Please note that the road conditions may not be optimal, and we may encounter many potholes along the way. Our guesthouse is located in Kasi, where we will have dinner with a local family.

Today, you have several options: either join us at 8:00 am for a scenic bike ride around Vang Vieng (35km), arrange a hot air balloon ride on your own, or enjoy your breakfast and join the group afterward (around 11:00 am) to head to Kasi.

After a group lunch in Vang Vieng, we will ride on some gravel roads towards the mountains to reach Kasi. Please be aware that the road conditions on this stretch may not be optimal. While roadworks are planned by Laos authorities, the exact timing is uncertain.

Our guesthouse in Kasi is run by a local family who will also prepare our dinner. Let yourself be surprised by their hospitality.



**Day 10, Kasi - Luang Prabang (114 Kilometers, 1,480 climbing meters) (Villa Oasis) (B, L, D)**

At 8 am, we cycle on our final leg of the bike tour to the beautiful, world-famous city of Luang Prabang, classified by UNESCO as a World Heritage Site. The route winds through a picturesque mountain landscape with both uphill and downhill sections. We'll enjoy our lunch break amidst this stunning scenery.

With an average gradient of 14% over 10 km and poor road conditions, the ascent is too steep to be cycled. However, for those with sufficient fitness and a desire for adventure, it may be attempted in "exceptional cases" with the approval of the lead guide.

After a coffee break at the summit, we'll begin cycling the remaining 94 km to Luang Prabang. The communal dinner will mark the end of the guided bike tour.



### **Day 11 Luang Prabang (Villa Oasis) (B, L)**

Today, we'll go on a captivating city tour in Luang Prabang in the morning, followed by a visit to the famous Kuang Si waterfall in the afternoon. The evening is free for you to explore or relax.

### **Day 12, Luang Prabang (B)**

At 3:50 PM, we will fly back from Luang Prabang to Bangkok Don Mueang Airport, with arrival time in Bangkok at 5:20 PM.

At the airport, we provide a free shuttle to Suvarnabhumi International Airport, and if you wish to extend your stay in Bangkok for another night, a shuttle to the Mode Sathorn Hotel is also included.

### **B= Breakfasts, L= Lunches, D= dinners (dinners always at 7 pm)**

Included :

- 11 nights including breakfast
- 7 dinner + 9 lunch
- Fruits, snacks, isotonic drinks
- Cycling jersey + drinking bottle Thailand Cycle Tours
- Thai and Lao Guide
- English speaking team leader
- Minibus and radio assistance / spare wheels
- Excursions according to the program
- City tour in Luang Prabang and Kuang Si Waterfall
- Flight Air Asia Luang Prabang – Don Mueang Bangkok on the 28.11.2024
- Transfer from Luang Prabang Hotel to Airport Luang Prabang
- Free shuttle on the last day to Suvarnabhumi Airport or Hotel Mode Sathorn

Optional Extras :

- Extra night in Bangkok
- Bike rental Aluminium 255 € (Packing & bike carton box for flight back to Bangkok)
- Bike rental Carbon 295 € (Packing & bike carton box for flight back to Bangkok)
- Transfer from airport to hotel
- Bangkok Skylane Bike and City Tour (need extra night)
- Tips
- E-Visa fees for Laos +/- 50 € fees





Thailand cycle Tours  
Ls Sport Thailand Co. LTD  
551 Moo 1 Hin lek fai, Hua Hin , Prachuap Khiri Khan 77110  
Email : [info@thailandcycletours.com](mailto:info@thailandcycletours.com)  
Tel : +66(0) 632 5678 01  
Tel : +66(0) 632 5678 02