



Luang Prabang Explorer – 5 Days / 4 Nights

Cycling, Hiking & Cultural Adventure in Northern Laos



Tour Overview

Discover the beauty of **Luang Prabang** and the surrounding countryside on this unique **cycling and hiking adventure tour in Laos**. Over **5 days / 4 nights**, you'll ride along the **Mekong River**, explore **Ban Xang Hai Village**, visit the sacred **Pak Ou Caves**, hike through rice terraces to the **Tad Mok Waterfall**, and enjoy authentic encounters with rural mountain villages. Perfect for adventurous travelers, this trip combines **Gravel or E-Bike cycling, boat journeys, and hiking** to showcase the best of Northern Laos.

Tour Highlights

- Discover the authentic Laos beyond tourist hotspots
- Explore **Luang Prabang UNESCO Old Town**
- Cycle along the **Mekong River**
- Hike to **Tad Mok Waterfall** through rice terraces
- Visit **Ban Xang Hai Village** for weaving & Lao Rice Whiskey
- Experience local mountain villages & Sopchem Village
- Boat trip to the sacred **Pak Ou Caves**

Tour Route:

- **Starting Point:** Luang Prabang (Fly into Luang Prabang Airport - LPQ)
- **Ending Point:** Luang Prabang (Fly out from Luang Prabang Airport - LPQ)

Day-by-Day Itinerary

Day 1: Arrival in Luang Prabang – Villa Oasis Resort

Welcome to the UNESCO World Heritage city of **Luang Prabang**. Today is free for you to explore the old town, wander through its ancient temples, or climb **Phousi Hill** for a magical sunset view.

Optional Extra: For guests arriving a day earlier, we offer a **40 km countryside bike tour** (8:00–13:00). This requires an additional night in Luang Prabang.

Day 2: Luang Prabang – Pak Ou (B, L, D) | 40 km, 350 m climb – Nam Ou Riverside Resort

Your adventure begins with a scenic **cycling route of 40 km** on mixed paved and gravel roads. We stop at **Ban Xang Hai Village**, known for its **silk and cotton weaving** and traditional **Lao Rice Whiskey**. From here, we continue cycling along the Mekong before boarding a boat to visit the mystical **Pak Ou Caves**, filled with thousands of Buddha statues. The day ends with a riverside stay at Nalou Resort.

Day 3: Pak Ou – Nong Khiaw (B, L, D) | 55 km, 560 m climb – Nong Kiau Riverside Resort

Cycle along scenic rice fields and farmland before reaching the dam. Here, we embark on a **1.5-hour boat ride to Nong Khiaw**, one of the most beautiful towns in Northern Laos. On the way, we visit a **remote mountain village** and experience the warm hospitality of the locals. Enjoy two nights at a riverside resort in Nong Khiaw.

Day 4: Hiking Adventure in Nong Khiaw (B, L) | 8 km hike, 220 m climb – Nong Kiau Riverside Resort

Today we take a boat further north for an unforgettable **8 km hike through rice terraces and jungle paths**. Our destination is the refreshing **Tad Mok Waterfall**. Along the way, enjoy a coffee stop in the rice fields and lunch in a unique local café. Afterward, cruise back by boat through towering limestone mountains and visit a **traditional rural village** to experience authentic Lao culture.

Day 5: Nong Khiaw – Luang Prabang (B)

Spend the morning at leisure in **Nong Khiaw**, with the option to hike to a panoramic viewpoint or simply relax by the river. At 11:00, we take a **1.5-hour boat ride**, followed by a van transfer back to Luang Prabang. End of tour.

What's Included

- 4 nights in carefully selected accommodations
- 4 breakfasts, 3 lunches, and 2 dinners
- Fruits, snacks, isotonic drinks & water during activities
- **Thailand Cycle Tours cycling jersey and water bottle**
- Experienced **Thailand Cycle Tours Team**
- English-speaking local cycling guide in Laos
- Minibus support for cycling stages
- Excursions and boat trips as per program
- High-quality **Touring E-Bike or Gravel Bike rental**

Optional Extras

- Additional night in Luang Prabang (on request)
- Airport transfer (Luang Prabang – hotel)
- **Countryside bike tour (40 km)** if arriving early

Why Choose This Tour?

This tour is perfect for travelers seeking **active exploration in Laos**, combining **cycling, hiking, boat trips, and cultural encounters**. You'll discover hidden gems like **Tad Mok Waterfall, Nong Khiaw, and Ban Xang Hai Village**, while still enjoying the charm of Luang Prabang.



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