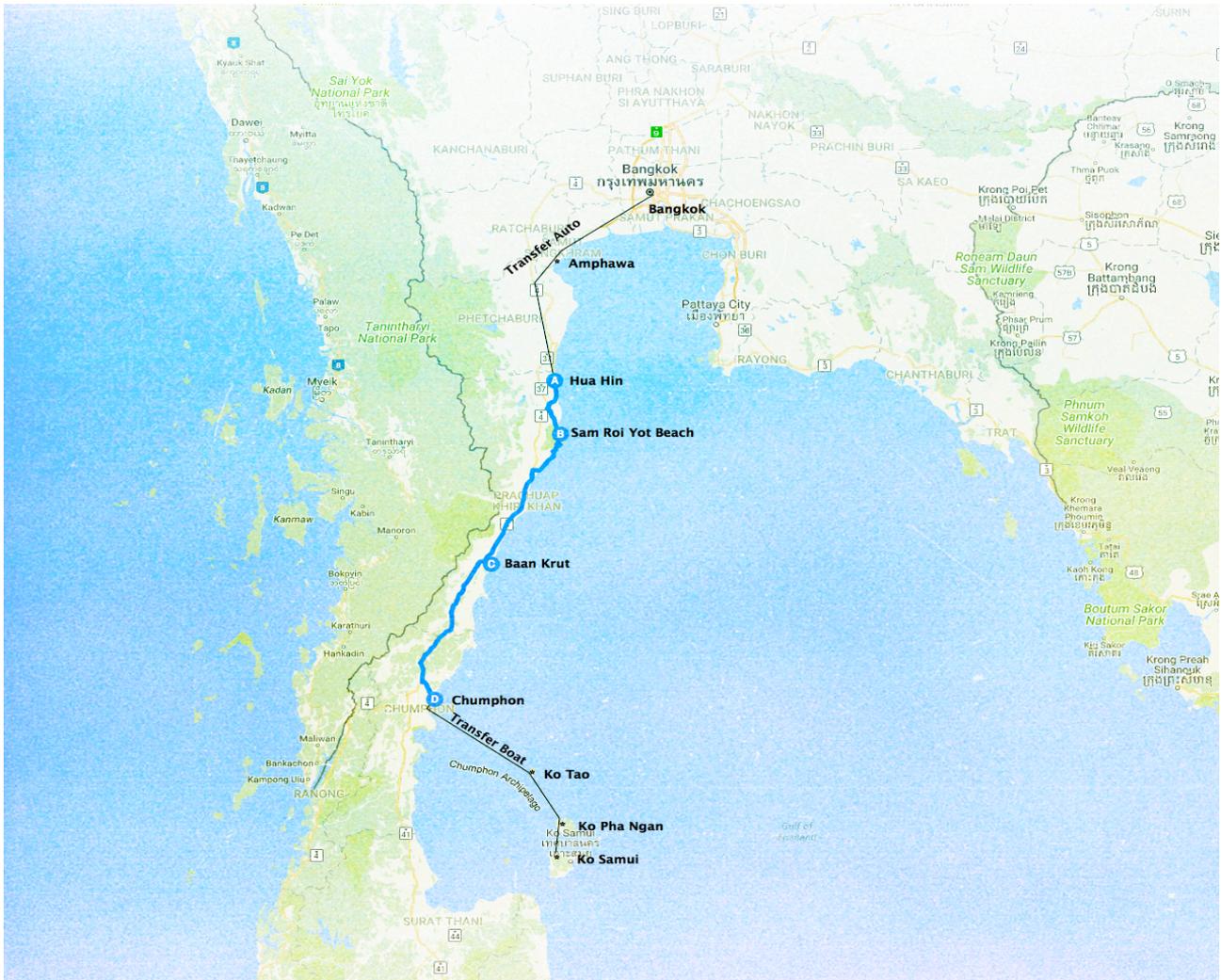


Coast trip from Bangkok to Ko Samui.



Highlights:

- exploring the true Thailand and not just the typical tourist places.
- floating markets
- discovering the coast side of Thailand
- elephant safari
- waterfalls in the National Park
- Thai cuisine

Along the route there will only be small hills to conquer, which makes this cycling-holiday suitable for *amateur cyclists or/and families with children*.

The MTB/touring-bike tour continues over 6 days/5 nights and covers approximately a distance of 204 kilometers.

Itinerary :

After being in the lively city of Bangkok the tour will lead along the coast of Thailand on secured roads and though the permanently changing beautiful landscapes in southern direction passing Amphawa, then Sam Roi Yot, Ban Krut and Chumphon. After this part of the tour you have the possibility to extend your holiday on the island Koh Samui, Koh Phangan or Koh Tao.

The constantly changing landscapes in combination with many cultural attractions along the tour are guaranteed to

provide a breathtaking experience. On the way in the south, escaping from the hectic of the metropole Bangkok, you will reach step by step the true Thailand passing by waterfalls, floating markets, orchards, temples, national parks and the ocean of Thailand.

You will see many sacred Buddhist shrines and temples which will offer you plenty of photographic opportunities.

Day 1 Bangkok: Hotel Mode Sathorn

Arrival in to the bright lights and mega skyscrapers of Bangkok, one of Asia's biggest and most exciting cities, we think you will be surprised by how developed and advanced this city is. Covering almost 600square Kilometers and home to 20million people, it really is a metropolis if ever there was one. You will instantly see the modern state of the art mixed with the old, add a touch of the famous Thai culture and friendliness and you have a truly vibrant 24hr city, arguably one of the most interesting on the planet.

Free day or for the guests that arrive one day earlier, we offer a **(optional) half day City Tour.**

Bangkok is one of the safest and friendliest capitals in the world. She is definitely worth getting acquainted.



Day 2 Amphawa: 30 km / Hotel Na Non Hotel & Spa (B, L)

Visiting the floating markets.

You will be picked up at the hotel at 8:00 am with our Minibus. Within one and a half hours car drive you will reach the small floating not-touristic Thaka-market in Amphawa.

Afterwards we will go on a long-tail-boat, which are typical for the area, to a coconut-processing factory. With the bicycles you will be cycling along quiet roads through many different plantations, like for coconuts, bananas, mangoes or papayas. After a short visit at the touristic floating-market Damoen Saduak it will be time for a lunchbreak before we then continue with our schedule visiting the temple of Wat Khai Bang Kung.

In the evening you will be delighted by a romantic dinner at the Amphawa-floating-market.



Day 3 Sam Roi Yot beach: 30 km / Hotel Anchana Resort (B, L, D)

Transfer with our Minibus to Hua Hin. We will visit a mangrove forest, near to the start of our 30km cycling tour to the Dolphine Bay along the Thai ocean and 2 beautiful bays.

In the afternoon you will visit the Kuiburi National Park, where you can admire over 200 free-running elephants.

Group dinner in the evening.



Day 4 Ban Krut: 60 km / Hotel Sunshine Paradise (B, L, D)

Transfer with our Minibus to Prachuap Bay.

Today's cycling tour will take us again along wonderful coasts. Among other things, we will also pass through a military base. As well we will pass a National Park with several picturesque waterfalls, where we will have a picnic break. Here you will have plenty of time to recharge your batteries and enjoy the beautiful landscape.

After our break we will continue with our tour through small rural villages towards Haad Baan Krut. You will spend your night here at the Sunshine Paradise Resort directly located at the beach. Previous participants highly recommended this resort. Therefore we assume that you will feel comfortable here too.



Day 5 Chumphon: 70 km / Hotel Armonia Village (B, L, D)

On this part of the tour the nature around us starts becoming a lot more tropical. Forests and the vegetation begin to change. You have now reached the southern part of Thailand and we are coming closer to the equator. Visiting the Wat Tang Sai temple and a fishing port will be on today's program. Beyond this we will also come past a great Buddha statue which is located high up on a rock ledge. From up here you will have a phenomenal panoramic view of the whole area. Then you will be transferred with our Minibus to the hotel.



Day 6: boat-harbor and then to the island (B)

Early in morning we will drive you to the harbor where you can choose how you want to extend your holiday on one of the islands: *Koh Tao, Ko Phangan or Ko Samui*.

When you get there a taxi will await you, which then will take you to the hotel. If you decide to extend your holiday in *Hua Hin or Bangkok*, we will transfer you with our Minibus.

B= Breakfast, L= Lunch, D= Dinner



Included:

- 5 nights incl. breakfast
- 3 evening-meals, 4 lunch-meals
- Fruit, snacks and isotonic drinks
- 1 Thailand Cycle Tours Jersey
- 1 Thailand Cycle Tours drink bottle
- Thailand Cycle Tours tour guide
- Thai bike guide (English-speaking)
- Minibus and radio support
- excursions according to program
- travel insurance
- bicycle rent

Extras :

- Tips for guide
- Half Day City Tour 60 €/Person
- Prolongation in Ko Samui, Ko Pha Nga, Ko Tao, Ko Talu or in Hua Hin
- Supplement night in Bangkok from 90 €
- Transfer Airport Bangkok - Hotel Bangkok 40 €

Dates :

- Every Saturday (minimum 2 persons).

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