

THAILAND CYCLE TOURS

Tour E Bike - Bangkok to Phuket



11 days · 542 km · 9 cycling stages ·

*Experience the best of Thailand from
Bangkok through to Phuket*

Your Journey at a Glance

11 Days on Tour

10 nights of adventure

542 Total Kilometers

Across 9 cycling stages

Cycling Stages

Varied terrain, all skill levels

Speed Groups

23–26 km/h or 27–30 km/h

(Speeds can be adjusted during the tour to suit group preferences)

Join us on Thailand's first 100% E-Bike Tour, a nine-day cycling adventure from Bangkok to Phuket. Ride through stunning coastal landscapes, enjoy authentic Thai cuisine, and experience unique highlights including wine tasting in Hua Hin, a hike to the spectacular Phraya Nakhon Cave in Sam Roi Yot National Park, snorkeling around Koh Talu Island, and kayaking in the breathtaking scenery of Khao Sok National Park.

Combining outdoor adventure, cultural experiences, and natural beauty, this eco-friendly journey offers the perfect way to explore Thailand in comfort on electric bikes.

Tour Route

9 Stages...🚲 (10 Destinations)




		01 HuaHin	02 Prachuap Khirikhan
	03 Baan Krut	04 Koh talu (Boat Transfer)	05 Thung Wu Laen
06 Sawi		07 Lang Suan	08 Khao Sok (Khao Sok National Park)
09 Khao Lak			10 Phuket


Tour Highlights




1

 **Scenic Cycling Routes** – Ride some of Thailand’s most beautiful and carefully selected cycling roads, featuring stunning coastal and countryside scenery.


2

 **Buddhist Temples & Culture** – Discover Thailand’s rich heritage through visits to impressive temples and cultural landmarks.


3

 **Luxury Accommodation** – Relax each evening in handpicked, comfortable, and luxurious hotels throughout the journey.


4

 **Authentic Thai Food & Culture** – Experience Thailand through its delicious cuisine, warm hospitality, and local traditions.


5

 **Koh Talu Island Adventure** – Enjoy a boat trip to Koh Talu Island with opportunities for snorkeling in crystal-clear waters teeming with marine life.

6

 **Khao Sok National Park** – Paddle through one of Thailand’s most spectacular natural landscapes on a memorable kayaking excursion.

7

 **Ride to Phuket via Sarasin Bridge** – Cycle across the iconic Sarasin Bridge, connecting the mainland to Phuket Island and marking a memorable highlight of the tour.

DAY 1-2

Day 1-2: Arrival



Day 1: Arrival in Bangkok

Arrival Day | Free Time

Arrive in Bangkok, Thailand's vibrant capital, where modern skyscrapers, historic landmarks, and rich cultural traditions create one of Asia's most exciting cities. Spend the day at leisure exploring the city or relaxing after your journey. Guests arriving a day early may join an optional morning city tour to discover some of Bangkok's highlights.

Highlights:

- Arrive in Thailand's vibrant capital city
- Experience Bangkok's unique blend of modernity and tradition
- Explore at your own pace or relax after your flight
- Optional city tour available for early arrivals
- Discover Thai culture, cuisine, and hospitality
- Overnight in the heart of Bangkok

Overnight: Mode Sathorn Hotel, Bangkok

Meals: None

Day 2: Bangkok to Hua Hin

30 km Cycling | 159 m Elevation Gain

After breakfast, transfer from Bangkok to the Thailand Cycle Tours office for bike fitting and lunch before beginning your first ride. Cycle along quiet country roads past farms, pineapple plantations, and scenic landscapes en route to Monsoon Valley Vineyard, where you will enjoy a memorable wine tasting experience surrounded by beautiful vineyards. After the ride, a short transfer brings you to Hua Hin. In the evening, explore the charming seaside town, famous for its seafood restaurants, Thai cuisine, and lively night market.

Highlights:

- Bike fitting and tour briefing before the ride
- Cycle on peaceful countryside roads
- Pass farms and pineapple plantations
- Enjoy wine tasting at Monsoon Valley Vineyard
- Experience the charm of Hua Hin
- Visit the vibrant night market and local restaurants

Overnight: Loligo Resort, Hua Hin

Meals: Breakfast, Lunch, Dinner



Day 3-5 Andaman Coast Discovery

Day 3: Hua Hin to Prachuap Khiri Khan

60 km Cycling | 150 m Elevation Gain



Cycle along beautiful coastal roads bordered by sandy beaches, coconut palms, and the stunning bays south of Hua Hin. After lunch at Dolphin Bay, continue through the spectacular Sam Roi Yot National Park and take a boat trip to visit the famous Phraya Nakhon Cave, followed by a short hike to this remarkable natural landmark. After the excursion, enjoy a transfer to Prachuap Khiri Khan and settle into your accommodation for a relaxing evening.

Highlights:

- Ride along scenic coastal roads and bays
- Enjoy views of sandy beaches and coconut groves
- Lunch at picturesque Dolphin Bay
- Cycle through Sam Roi Yot National Park
- Boat trip to the famous Phraya Nakhon Cave
- Hike to one of Thailand's most iconic natural attractions

Overnight: T Boutique Hotel, Prachuap Khiri Khan

Meals: Breakfast, Lunch, Dinner

Day 4: Prachuap Khiri Khan to Haad Baan Krut

75 km Cycling | 292 m Elevation Gain



Today's ride takes you through Thailand's vast pineapple-growing region, where your guide will share insights into one of the country's most important agricultural exports. After lunch, continue cycling through peaceful rural villages and coastal scenery before visiting the beautiful Wat Tang Sai Temple, perched on a hill with panoramic views of the surrounding area. The day concludes in the seaside town of Haad Baan Krut.

Highlights:

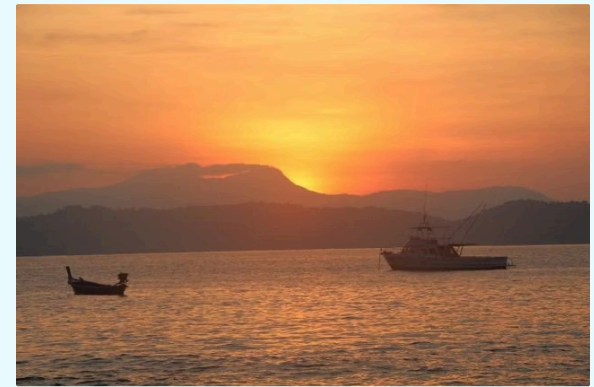
- Cycle through extensive pineapple plantations
- Learn about Thailand's pineapple industry
- Ride along quiet rural roads and villages
- Enjoy scenic coastal landscapes
- Visit the impressive Wat Tang Sai Temple
- Relax at a beachfront resort in Haad Baan Krut

Overnight: Arcadia Resort & Spa, Haad Baan Krut

Meals: Breakfast, Lunch, Dinner

Day 5: Haad Baan Krut to Koh Talu Island

60 km Cycling | 200 m Elevation Gain



Enjoy a relaxed ride along Thailand's beautiful coastline, taking in sea views and peaceful surroundings. Stop at the picturesque Bo Thong Lang Bay before boarding a boat to Koh Talu Island, a tropical paradise known for its clear waters and vibrant marine life. After lunch on the island, spend the afternoon exploring by boat and snorkeling among colorful coral reefs before unwinding in this idyllic island setting.

Highlights:

- Cycle along Thailand's scenic coastline
- Visit the beautiful Bo Thong Lang Bay
- Boat transfer to Koh Talu Island
- Enjoy lunch on a tropical island
- Snorkel in crystal-clear waters
- Discover vibrant coral reefs and marine life

Overnight: Koh Talu Island Resort

Meals: Breakfast, Lunch, Dinner

Day 6-8 From Tropical Shores to Rainforest Wonders

Day 6: Koh Talu to Thung Wua Laen Beach

75 km Cycling | 400 m Elevation Gain



Begin the day with a boat trip back to the mainland before continuing your ride through increasingly tropical landscapes. As you cycle south, lush vegetation, coastal scenery, and warm turquoise waters create a distinctly tropical atmosphere. Along the way, pass a large hilltop Buddha offering panoramic views of the surrounding coastline. Enjoy lunch at a traditional Thai wooden house by the beach before continuing to the beautiful shores of Thung Wua Laen Beach.

Highlights:

- Boat transfer from Koh Talu Island to the mainland
- Cycle through lush tropical landscapes
- Enjoy stunning coastal and sea views
- Pass a hilltop Buddha with panoramic vistas
- Lunch at a traditional Thai beachside wooden house
- Arrive at the beautiful Thung Wua Laen Beach

Overnight: Armonia Resort, Thung Wua Laen Beach

Meals: Breakfast, Lunch, Dinner

Day 7: Chumphon to Sawi

75 km Cycling | 313 m Elevation Gain



Today's mostly flat ride follows Thailand's picturesque Gulf Coast, passing shrimp farms, coconut plantations, and lush mangrove forests. Cycle through traditional fishing villages where colorful fishing boats line the shore against the backdrop of the sparkling sea. Stop for a coffee in a local fisherman's village before continuing to Sawi. Arrive with plenty of time to relax by the pool or unwind on the beach.

Highlights:

- Cycle through shrimp farms and coconut plantations
- Ride alongside scenic mangrove forests
- Pass traditional fishing villages and colorful boats
- Enjoy beautiful views of the Gulf of Thailand
- Stop for coffee in a local fisherman's village
- Relax by the pool or on the beach in the afternoon

Overnight: Velay Talay Resort, Sawi

Meals: Breakfast, Lunch, Dinner

Day 8: Sawi to Khao Sok National Park

50 km Cycling | 247 m Elevation Gain



We cycle 50 km along beautiful coastal roads, passing beaches and scenic bays before stopping at a local café. After, we transfer for around 2 hours to the spectacular Khao Sok National Park, where we will spend the next two days surrounded by ancient rainforest, limestone cliffs, and stunning natural scenery.

Highlights:

- Scenic ride through the landscapes of Khao Sok National Park
- Enjoy spectacular views and photo opportunities
- Experience one of Southern Thailand's most beautiful natural areas
- Stay in a unique jungle resort surrounded by nature
- Relax and unwind in the heart of the rainforest

Overnight: River & Cliff Resort, Khao Sok National Park

Meals: Breakfast, Lunch, Dinner

Day 9-11 Rainforest Retreat to Phuket Finale

Day 9: Khao Sok National Park

Rest Day | Kayaking Adventure



Enjoy a relaxing day in the heart of Khao Sok National Park. Start the morning with a peaceful kayaking excursion, paddling through breathtaking natural surroundings and immersing yourself in the beauty of the rainforest. The remainder of the day is free for you to relax at the resort or explore the area at your own pace.

Highlights:

- Enjoy a leisurely kayaking experience in Khao Sok National Park
- Discover the park's stunning rainforest scenery
- Experience the tranquility of nature from the water
- Free afternoon to relax or explore independently
- Unwind in a unique jungle setting
- Second night in the heart of Khao Sok National Park

Overnight: River & Cliff Resort, Khao Sok National Park

Meals: Breakfast

Day 10: Khao Sok National Park to Khao Lak

68 km Cycling | 550 m Elevation Gain



Leave the lush rainforest of Khao Sok behind as you cycle towards the stunning coastline of Khao Lak. Begin with a gentle climb through scenic mountain landscapes, rewarded with beautiful views along the way. Stop in the historic town of Takua Pa, known for its charming Sino-Portuguese architecture, and enjoy a coffee break before continuing on picturesque roads to the coast. Arrive in Khao Lak and relax at your resort.

Highlights:

- Cycle from rainforest landscapes to the Andaman coast
- Enjoy scenic mountain views and gentle climbs
- Visit the historic town of Takua Pa
- Discover charming Sino-Portuguese architecture
- Ride on picturesque roads to Khao Lak

Overnight: The leaf on the sand, Khao Lak

Meals: Breakfast, Lunch, Dinner

Day 11: Khao Lak to Phuket

49 km Cycling | 110 m Elevation Gain



Celebrate the final day of your cycling adventure as you ride along the beautiful Andaman Coast towards the world-famous island of Phuket. After a short transfer to Thai Mueang Beach, begin cycling south through tropical coastal scenery before crossing the iconic Sarasin Bridge, which connects the mainland to Phuket Island. The tour concludes at Nai Yang Beach with a farewell lunch, providing the perfect opportunity to reflect on the unforgettable experiences, stunning landscapes, and lasting memories created throughout your journey.

Highlights:

- Cycle along the stunning Andaman coastline
- Enjoy a scenic ride through tropical landscapes
- Cross the iconic Sarasin Bridge to Phuket Island
- Reach the world-famous island of Phuket by bike
- Celebrate the completion of your cycling adventure
- Farewell lunch at Nai Yang Beach

Overnight: Tour Ends in Phuket

Meals: Breakfast, Lunch

What's Included & Need to Know

✓ Included

- 10 nights in 3-4★ hotels + breakfast
- 8 dinners, 9 lunches, food & drinks on rides
- Jersey, rucksack & water bottle
- Minibus and radio assistance / spare parts
- Thai English speaking bike guide
- E-Road Bike

Optional Extras:

- Transfer Airport Bangkok - Hotel Bangkok
- Extra night Bangkok
- Extra night Phuket
- Half day city tour Bangkok
- Tips for guides (at your discretion)

📋 Essentials

- Bring: helmet, cycling shoes, pedals, 1-2 inner tubes
- Travel insurance required

☎ Contact Us

In case of any issues or emergencies during your trip, please contact:

You can also reach us via email at info@thailandcycletours.com.

Thailand Cycle Tours

Ls Sport Thailand Co. LTD 551 Moo 1 Hin lek fai, Hua Hin, Prachuap Khiri Khan 77110

Email : info@thailandcycletours.com

Tel : +66(O) 93 134 4655 (Office)

Tel : +66(O) 63 256 7802 (Sirinan Kirch)

