

THAILAND CYCLE TOURS

E-Bike & Gravel Luang Prabang Explorer



5 days · 135 km · 3 cycling stages ·

*One unforgettable cycling, hiking,
and river adventure through the
heart of Northern Laos*

Your Journey at a Glance

5 Days on Tour

4 nights of adventure

135 Total Kilometers

Across 3 cycling stages (including optional rides)

Cycling Stages

Varied terrain, all skill levels

Speed Groups

23–26 km/h or 27–30 km/h

(Speeds can be adjusted during the tour to suit group preferences)

Experience the highlights of Northern Laos on this 5-day adventure combining cycling, boat trips, and hiking. Ride along the Mekong River, visit the famous Pak Ou Caves, explore traditional villages, hike through rice terraces to Tad Mok Waterfall, and discover the natural beauty and culture surrounding Luang Prabang.

Perfect for active travelers seeking an authentic Laos experience.

Tour Route

4 Cycling Stages



Luang Prabang

01
Pak Ou

02
Nong Khiaw

03
Waterfall

04
Luang Prabang

Tour Highlights



Cycle Along the Mekong River

Enjoy scenic rides through rural Laos with stunning river views and peaceful countryside landscapes.



Hike to Tad Mok Waterfall

Trek through rice terraces and jungle paths to reach a beautiful hidden waterfall in the mountains.



Experience Authentic Village Life

Meet local communities, visit Ban Xang Hai and remote mountain villages, and gain insight into traditional Lao culture and crafts.



Explore Luang Prabang's UNESCO Old Town

Discover ancient temples, colonial architecture, vibrant markets, and the unique charm of this World Heritage city.

Day 1-2 Arrival & First Ride



Day 1: Arrival in Luang Prabang | Explore Laos' UNESCO Heritage City

Welcome to Luang Prabang, Laos' enchanting UNESCO World Heritage city, where golden temples, French colonial architecture, and rich cultural traditions create a unique and unforgettable atmosphere.

Highlights:

- Arrival and check-in at your hotel
- Explore Luang Prabang's charming old town at your own pace
- Visit ancient temples and cultural landmarks
- Climb Phousi Hill for spectacular sunset views over the city and Mekong River

Optional Activities:

- 40 km countryside cycling tour (for guests arriving one day earlier)
- Visit local villages and rural landscapes surrounding Luang Prabang
- Explore night markets and sample traditional Lao cuisine
- Enjoy a relaxing evening along the Mekong River

Overnight: Villa Oasis Resort, Luang Prabang

Meals: Not Included



Day 2: Luang Prabang to Pak Ou | Cycle Along the Mekong & Visit Sacred Caves

Cycling Distance: 40 km **Elevation Gain:** 350 m

Begin your adventure with a scenic ride through the beautiful countryside of Northern Laos. Cycling along a mix of paved and gravel roads, you'll follow the Mekong River, visit traditional villages, and discover one of Laos' most important spiritual sites.

Highlights:

- Cycle 40 km through rural landscapes and along the Mekong River
- Visit Ban Xang Hai Village, famous for traditional weaving and Lao Rice Whiskey
- Enjoy authentic countryside scenery and local culture
- Boat trip to the sacred Pak Ou Caves, home to thousands of Buddha statues

Overnight: Nam Ou Riverside Resort

Meals: Breakfast, Lunch & Dinner

Day 3-5 Adventure in the Heart of Northern Laos

Day 3: Pak Ou to Nong Khiaw | Cycling, River Cruise & Mountain Villages

Cycling Distance: 55 km

Elevation Gain: 560 m



Today's journey combines scenic cycling with a memorable river cruise through some of Northern Laos' most spectacular landscapes. Ride past rice fields and rural farmland before boarding a boat to the picturesque riverside town of Nong Khiaw.

Highlights:

- Cycle 55 km through peaceful countryside and farming communities
- Enjoy beautiful views of rice fields and mountain scenery
- Take a 1.5-hour boat cruise along the Nam Ou River
- Visit a remote mountain village and experience authentic Lao hospitality
- Arrive in the stunning riverside town of Nong Khiaw

Overnight: Nong Khiaw Riverside Resort

Meals: Breakfast, Lunch & Dinner

Day 4: Nong Khiaw Hiking Adventure | Tad Mok Waterfall & Rural Laos

Hiking Distance: 8 km

Elevation Gain: 220 m



Leave the bike behind and immerse yourself in the natural beauty of Northern Laos. Today's adventure combines a scenic boat journey, a rewarding hike through rice terraces and jungle trails, and authentic encounters with local village life.

Highlights:

- Boat trip through spectacular limestone mountain scenery
- Hike 8 km through rice terraces, forests, and rural landscapes
- Visit the beautiful Tad Mok Waterfall
- Enjoy a coffee stop overlooking the rice fields
- Experience authentic Lao culture in a traditional rural village

Overnight: Nong Khiaw Riverside Resort

Meals: Breakfast & Lunch

Day 5: Nong Khiaw to Luang Prabang | Scenic Return Journey

End of Tour



Enjoy a relaxing final morning in the beautiful riverside town of Nong Khiaw before beginning your journey back to Luang Prabang. Take in the last views of Northern Laos' stunning landscapes as you travel by boat and road.

Highlights:

- Free time to relax by the river or explore Nong Khiaw
- Optional hike to a panoramic viewpoint overlooking the valley
- Scenic 1.5-hour boat journey along the Nam Ou River
- Comfortable transfer back to Luang Prabang
- Tour concludes upon arrival in Luang Prabang

Overnight: Not Included

Meals: Breakfast

What's Included & Need to Know

✓ Included

- 4 nights in carefully selected accommodations
- 4 breakfasts, 3 lunches, and 2 dinners
- Fruits, snacks, isotonic drinks & water during activities
- Thailand Cycle Tours cycling jersey and water bottle
- Experienced Thailand Cycle Tours Team
- English-speaking local cycling guide in Laos
- Minibus support for cycling stages
- Excursions and boat trips as per program
- High-quality Touring E-Bike or Gravel Bike rental

Optional Extras:

- Additional night in Luang Prabang (on request)
- Airport transfer (Luang Prabang – hotel)
- Countryside bike tour (40 km) if arriving early
- Tips for guides (at your discretion)

📋 Essentials

- Bring: helmet, cycling shoes, pedals, 1-2 inner tubes
- Travel insurance required

☎ Contact Us

In case of any issues or emergencies during your trip, please contact:

You can also reach us via email at info@thailandcycletours.com.

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