

THAILAND CYCLE TOURS

Phuket to Langkawi



12 days · 945 km · 9 cycling stages ·

*One epic adventure through the
Southern Part of Thailand through to
Langkawi Malaysia*

Your Journey at a Glance

12 Days on Tour

11 nights of adventure

945 Total Kilometers

Across 9 cycling stages

Cycling Stages

Varied terrain, all skill levels

Speed Groups

23–26 km/h or 27–30 km/h

(Speeds can be adjusted during the tour to suit group preferences)

A 12-day cycling adventure from Southern Thailand to Langkawi, Malaysia, featuring coastal roads, jungle landscapes, local villages, and beautiful beaches. Highlights include the Phang Nga Skywalk, Sarasin Bridge, a boat tour on one of Thailand's largest lakes, and the natural beauty of Khao Luang National Park.

Suitable for both road bikes and e-bikes, the tour combines active exploration, cultural experiences, and relaxation.

Tour Route

9 Stages...



-
Phuket

01
Phang Nga

02
Khao Sok

03
Surat Thani

04
Sichon Beach
(rest day)

05
Kiriwong

06
Thung Song

07
Patthalung Lake

08
Songkla beach


09
Satun


Tour Highlights




1 —  Phang Nga Skywalk – Enjoy spectacular panoramic views of Southern Thailand’s famous limestone karsts.

2 —  Sunset Boat Tour in Patthalung – Cruise across one of Thailand’s largest lakes as the sun sets.

3 —  Sarasin Bridge – Cycle across the iconic bridge linking Phuket with the mainland.

4 —  Khanom to Sichon Coastal Road – Ride a stunning rollercoaster-style beach road with breathtaking ocean views.

5 —  Khao Luang National Park – Explore lush rainforest landscapes and Southern Thailand’s highest peak.

6 —  Langkawi Island & Sichon Beach – Unwind on pristine beaches and soak up island life.

7 —  Songkhla Old Town – Discover charming streets, rich history, and traditional architecture.

Day 1-2: Arrival



Day 1: Phuket to Phang Nga

99 km Cycling | 690 m Elevation Gain

Meet the group at Nai Yang Beach (8am) and begin your cycling adventure from Phuket to Phang Nga. Ride across the iconic Sarasin Bridge, cycle through peaceful rubber plantations, and enjoy stunning views from the Phang Nga Bay Skywalk before reaching your hotel.

Highlights:

- Cross the famous Sarasin Bridge from Phuket to the mainland
- Cycle through scenic rubber plantations and rural landscapes
- Visit the Phang Nga Bay Skywalk for breathtaking panoramic views
- Enjoy a coffee stop and lunch at a hidden local gem
- First day of cycling through Southern Thailand's beautiful countryside

Overnight: Erawan Hotel, Phang Nga

Meals: Lunch, Dinner



Day 2: Phang Nga to Cheow Lan Lake

104 km Cycling | 850 m Elevation Gain

Ride through lush jungle landscapes and tackle a rewarding 5 km climb as you journey toward the spectacular Cheow Lan Lake. Enjoy scenic roads, a relaxing coffee stop, and stunning views before arriving at your resort in Khao Sok National Park.

Highlights:

- Cycle through beautiful tropical jungle scenery
- Conquer a scenic 5 km climb
- Enjoy a coffee break after 50 km of riding
- Ride along picturesque roads leading to Cheow Lan Lake
- Experience the natural beauty of Khao Sok National Park
- Stay at a tranquil resort surrounded by nature

Overnight: Belong Jin Resort

Meals: Breakfast, Lunch, Dinner

Day 3-5 From Rural Heartlands to Coastal Paradise

Day 3: Cheow Lan Lake to Surat Thani

68 km Cycling | 350 m Elevation Gain



Enjoy a relaxed ride through Southern Thailand's countryside, passing fruit orchards and rubber plantations on the way to Surat Thani. Finish the day at a peaceful riverside hotel just outside the city.

Highlights:

- Cycle through lush fruit orchards and rubber plantations
- Experience authentic rural Southern Thailand
- Enjoy a shorter, more relaxed cycling day
- Take in scenic countryside views along the route
- Unwind at a tranquil riverside hotel setting

Overnight: Neenlawat Riverside Hotel

Meals: Breakfast, Lunch, Dinner

Day 4: Surat Thani to Sichon

149 km Cycling | 1,099 m Elevation Gain



A challenging and rewarding ride through Namtok Si Khit National Park leads to the coastal town of Khanom. From there, follow the spectacular rollercoaster beach road to Sichon before arriving at a luxury beachfront resort for a two-night stay.

Highlights:

- Ride through the scenic landscapes of Namtok Si Khit National Park
- Visit the charming seaside town of Khanom
- Cycle the famous rollercoaster coastal road to Sichon
- Enjoy breathtaking ocean views along the route
- Arrive at the luxurious Cabana Beach Resort
- Relax on Sichon's beautiful beachfront
- Begin a two-night stay in this tropical paradise

Overnight: Cabana Beach Resort, Sichon

Meals: Breakfast, Lunch

Day 5: Sichon

Rest Day | Beachfront Relaxation



Enjoy a free day to relax and recharge at the beautiful Cabana Beach Resort. Spend your time unwinding by the beach, swimming in the sea, or exploring the local area at your own pace.

Highlights:

- Enjoy a well-deserved rest day
- Relax on Sichon's pristine beach
- Take advantage of the resort's facilities
- Swim, sunbathe, or explore the local area
- Recharge before the next cycling stages

Overnight: Cabana Beach Resort, Sichon

Meals: Breakfast

Day 6-8: Through Southern Thailand's Green Heart

Day 6: Sichon to Kiriwong

105 km Cycling | 329 m Elevation Gain



Ride along the coast through tropical fruit plantations before heading inland to Kiriwong, a picturesque village near Khao Luang National Park. Known for its clean air and lush scenery, Kiriwong offers a peaceful setting to explore on foot after the ride.

Highlights:

- Cycle along scenic coastal roads
- Pass coconut, rambutan, mangosteen, and durian plantations
- Experience the natural beauty of rural Southern Thailand
- Visit Kiriwong, renowned for its fresh air and tranquil atmosphere
- Explore charming riverside paths and local village life
- Enjoy views of the surrounding mountains and forests

Overnight: Passion Hotel, Kiriwong

Meals: Breakfast, Lunch, Dinner

Day 7: Kiriwong to Thung Song

62 km Cycling | 515 m Elevation Gain



Enjoy a scenic ride through lush countryside, following quiet winding roads past small mountain villages. A series of rewarding climbs leads to the local town of Thung Song.

Highlights:

- Cycle along peaceful, winding rural roads
- Pass through lush green landscapes and mountain scenery
- Experience authentic village life in Southern Thailand
- Tackle rewarding climbs through the countryside
- Enjoy a quieter, off-the-beaten-path cycling route
- Arrive in the charming town of Thung Song

Overnight: The Gold Living Life Hotel, Thung Song

Meals: Breakfast, Lunch, Dinner

Day 8: Thung Song to Patthalung Lake

120 km Cycling | 769 m Elevation Gain



Cycle from Thung Song to Patthalung Lake, beginning with flat roads before entering the rainforest landscapes of Khao Pu Khao Ya National Park. Enjoy scenic lake views, quiet local roads, and a memorable sunset boat tour after arriving at your lakeside resort.

Highlights:

- Ride through the lush rainforest of Khao Pu Khao Ya National Park
- Enjoy scenic roads with beautiful lake views
- Cycle along quiet local routes through rural Southern Thailand
- Stay at a luxury resort on one of Thailand's largest lakes
- Experience a spectacular sunset boat tour on Patthalung Lake
- Discover the region's rich natural beauty and wildlife

Overnight: Sri Pakpra Boutique Resort, Patthalung Lake

Meals: Breakfast, Lunch, Dinner

Days 9–10: Island Arrival & Malaysian Escape

Day 9: Patthalung to Songkhla

110 km Cycling | 227 m Elevation Gain



Ride alongside the shores of Songkhla Lake, passing scenic viewpoints and beautiful temples before taking a short ferry into the coastal city of Songkhla. The evening is free to explore the city's historic old town and seaside atmosphere.

Highlights:

- Cycle along the shores of Songkhla Lake, one of Thailand's largest lakes
- Enjoy a coffee stop with panoramic lake views
- Pass beautiful temples and cultural landmarks along the route
- Take a scenic ferry crossing into Songkhla
- Stay at a beachfront hotel by the sea
- Explore the historic streets and local charm of Songkhla Old Town

Overnight: Solis Beach Resort, Songkhla

Meals: Breakfast, Lunch

Day 10: Songkhla to Satun

129 km Cycling | 363 m Elevation Gain



Complete the final cycling stage of the tour, riding through coconut groves, rubber plantations, and scenic countryside roads on the way to Satun. Celebrate the end of the journey with a special farewell dinner at a luxury resort.

Highlights:

- Complete the final ride of the tour
- Cycle through coconut and rubber tree plantations
- Enjoy scenic local roads and tropical countryside landscapes
- Experience authentic rural Southern Thailand
- Arrive at a luxurious resort in Satun
- Celebrate the adventure with a memorable farewell dinner

Overnight: Navakiri Resort, Satun

Meals: Breakfast, Lunch, Dinner

Day 11-12: *The Grand Finale*

Day 11: Transfer to Langkawi, Malaysia

Ferry Transfer | Tour Conclusion



Say goodbye to Thailand and cross the Andaman Sea to Langkawi, Malaysia. After a short transfer to the ferry terminal, enjoy a scenic ferry journey before arriving at your beachfront hotel on the island. This marks the official end of the guided cycling tour.

Highlights:

- Transfer from Satun to the ferry terminal
- Enjoy a scenic ferry crossing to Langkawi, Malaysia
- Experience an international border crossing by sea
- Arrive on the tropical island of Langkawi
- Relax at your beachfront hotel
- Official conclusion of the guided cycling adventure

Optional:

- Transfer to Krabi for guests continuing their travels in Thailand (limited seats available)

Overnight: A Loft Hotel, Langkawi

Meals: Breakfast

Day 12: Tour Departure Day

Tour Ends | Explore Langkawi at Leisure



Enjoy breakfast before the tour officially concludes. Guests may choose to extend their stay in Langkawi, relax on the island's beautiful beaches, explore its natural attractions, or continue their journey onward.

Highlights:

- Free time to enjoy Langkawi at your own pace
- Relax on the island's stunning beaches
- Visit national parks and natural attractions
- Experience the famous Panorama SkyCab
- Convenient flight connections to Kuala Lumpur and Singapore
- Option to extend your holiday in Malaysia or beyond

Meals: Breakfast

What's Included & Need to Know

✓ Included

- 11 nights in 3-4★ hotels + breakfast
- 7 dinners, 9 lunches, food & drinks on rides
- Jersey, rucksack & water bottle
- Minibus and radio assistance / spare parts
- Boat transfer to Langkwai

Optional Extras:

- Carbon or aluminum road bike rental
- E-Road Bike
- Extra night in the Proud or Howard Johnson by Wyndham
- Extra night at A Loft Langkawi
- Tips for guides (at your discretion)

📋 Essentials

- Bring: helmet, cycling shoes, pedals, 1-2 inner tubes
- Travel insurance required

☎ Contact Us

In case of any issues or emergencies during your trip, please contact:

You can also reach us via email at info@thailandcycletours.com.

Thailand Cycle Tours

1s Sport Thailand Co. LTD 551 Moo 1 Hin lek fai, Hua Hin, Prachuap Khiri Khan 77110

Email : info@thailandcycletours.com

Tel : +66(0) 93 134 4655 (Office)

Tel : +66(0) 63 256 7802 (Sirinan Kirch)

